

THE FLESH INVENTORY

Place a number (1-10) beside any of these traits which you struggle with. One is almost never. Ten is much of the time. This will help you identify your unique version of the flesh.

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|---|---|--|---|---|
| <input type="checkbox"/> <i>Anger</i> | <input type="checkbox"/> <i>Envy</i> | <input type="checkbox"/> <i>Indifference to Others' Problems</i> | <input type="checkbox"/> <i>Overly Quiet</i> | <input type="checkbox"/> <i>Self-gratification (obsessions)</i> |
| <input type="checkbox"/> <i>Anxiety</i> | <input type="checkbox"/> <i>False Modesty</i> | <input type="checkbox"/> <i>Inferiority Feelings</i> | <input type="checkbox"/> <i>Overly Sensitive to Criticism</i> | <input type="checkbox"/> <i>Self-hatred</i> |
| <input type="checkbox"/> <i>Argumentative</i> | <input type="checkbox"/> <i>Fear</i> | <input type="checkbox"/> <i>Inhibited</i> | <input type="checkbox"/> <i>Overly Submissive</i> | <input type="checkbox"/> <i>Self-indulgence</i> |
| <input type="checkbox"/> <i>Attraction to Astrology</i> | <input type="checkbox"/> <i>Feelings of Helplessness</i> | <input type="checkbox"/> <i>Insecurity</i> | <input type="checkbox"/> <i>Passivity</i> | <input type="checkbox"/> <i>Self-justification</i> |
| <input type="checkbox"/> <i>Bigotry</i> | <input type="checkbox"/> <i>Feelings of Rejection</i> | <input type="checkbox"/> <i>Intemperance</i> | <input type="checkbox"/> <i>Perfectionist</i> | <input type="checkbox"/> <i>Self-pity</i> |
| <input type="checkbox"/> <i>Bitterness</i> | <input type="checkbox"/> <i>Feelings of Stupidity</i> | <input type="checkbox"/> <i>Jealousy</i> | <input type="checkbox"/> <i>Prejudice</i> | <input type="checkbox"/> <i>Self-reliant</i> |
| <input type="checkbox"/> <i>Boastful</i> | <input type="checkbox"/> <i>Feelings of Worthlessness</i> | <input type="checkbox"/> <i>Laziness</i> | <input type="checkbox"/> <i>Pride</i> | <input type="checkbox"/> <i>Self-righteousness</i> |
| <input type="checkbox"/> <i>Bossy</i> | <input type="checkbox"/> <i>Gluttony</i> | <input type="checkbox"/> <i>Loner</i> | <input type="checkbox"/> <i>Profane</i> | <input type="checkbox"/> <i>Self-sufficient</i> |
| <input type="checkbox"/> <i>Causing Dissension</i> | <input type="checkbox"/> <i>Greed</i> | <input type="checkbox"/> <i>Low Self-discipline</i> | <input type="checkbox"/> <i>Projecting Blame</i> | <input type="checkbox"/> <i>Selfish Ambition</i> |
| <input type="checkbox"/> <i>Conceited</i> | <input type="checkbox"/> <i>Guilt</i> | <input type="checkbox"/> <i>Low Self-worth</i> | <input type="checkbox"/> <i>Prone to Gossip</i> | <input type="checkbox"/> <i>Sensuality</i> |
| <input type="checkbox"/> <i>Controlled by Emotions</i> | <input type="checkbox"/> <i>Hatred</i> | <input type="checkbox"/> <i>Lust for Pleasure</i> | <input type="checkbox"/> <i>Quick to Speak</i> | <input type="checkbox"/> <i>Sexual Lust</i> |
| <input type="checkbox"/> <i>Controlled by Peer Pressure</i> | <input type="checkbox"/> <i>Hostility</i> | <input type="checkbox"/> <i>Materialistic</i> | <input type="checkbox"/> <i>Racism</i> | <input type="checkbox"/> <i>Slow to Forgive</i> |
| <input type="checkbox"/> <i>Covetousness</i> | <input type="checkbox"/> <i>Homosexual Lust</i> | <input type="checkbox"/> <i>Must Strive to Repay Any Kindness Shown to You</i> | <input type="checkbox"/> <i>Rebellion at Authority</i> | <input type="checkbox"/> <i>Stubbornness</i> |
| <input type="checkbox"/> <i>Critical Tongue</i> | <input type="checkbox"/> <i>Idolatry</i> | <input type="checkbox"/> <i>Negativism</i> | <input type="checkbox"/> <i>Resentment</i> | <input type="checkbox"/> <i>Temper</i> |
| <input type="checkbox"/> <i>Deceitfulness</i> | <input type="checkbox"/> <i>If It Feels Good, Do It</i> | <input type="checkbox"/> <i>Nervousness</i> | <input type="checkbox"/> <i>Restlessness</i> | <input type="checkbox"/> <i>Unlovely</i> |
| <input type="checkbox"/> <i>Depression (non-organic)</i> | <input type="checkbox"/> <i>Impatience</i> | <input type="checkbox"/> <i>Occult Involvement</i> | <input type="checkbox"/> <i>Sadness</i> | <input type="checkbox"/> <i>Vanity</i> |
| <input type="checkbox"/> <i>Dominance</i> | <input type="checkbox"/> <i>Impulsiveness</i> | <input type="checkbox"/> <i>Opinionated</i> | <input type="checkbox"/> <i>Self-centered</i> | <input type="checkbox"/> <i>Withdrawal</i> |
| <input type="checkbox"/> <i>Drug Dependency</i> | <input type="checkbox"/> <i>Impure Thoughts</i> | | <input type="checkbox"/> <i>Self-confidence</i> | <input type="checkbox"/> <i>Workaholic</i> |
| <input type="checkbox"/> <i>Drunkenness</i> | <input type="checkbox"/> <i>Inadequacy</i> | | <input type="checkbox"/> <i>Self-depreciation</i> | <input type="checkbox"/> <i>Worrier</i> |

These traits were generated by the “old man” while striving to get his needs met. He has now died (Rom.6:6).

However, the old memory traces or habit patterns of these traits are still present in your brain.

They constitute your unique version of the flesh. The power, or law, of sin constantly triggers them in your soul (Rom.7:23).